

Arrowhead Regional Quality Council

Meeting Minutes

Meeting Date: Tuesday, February 25th, 2020

Meeting Location: Residential Services Inc. Board Room

1. Introductions and greetings

2. Reminders and discussion (10 minutes)

- Motivational Interviewing Training: RSI Duluth
 - Arc Northland Staff and Arrowhead Regional Quality Council members get first selection. Lori also opened the invitation to communities of practice. 18 is the max right now but could possibly go more. Both locations are not full yet.
 - Monday, April 6th and Tuesday April 7th 8:30am – 4:30pm
 - Monday, May 4th 8:30am – 4:30pm

Virginia Location: Public Works Complex: Monday, April 13th and Tuesday, April 14th; follow-up booster Tuesday, May 12th.

- Person-Centered Planning – 4 plans w/ Trillium.
 - We have until June 30th, 2020 to identify 5 people not on waivers who want a PCP done. We have 1 person signed up, so we still have 4 open spots. Lori connected with Access North but want to make sure were meeting our numbers. Grace Place might have one person who could possibly do a plan. Lori will connect with October.
 - Choice Unlimited has a grant program with a few people that might be able to get a plan done. Please connect with Lori.
- Chocolate After Dark (flyer). April 30th, 2020 at the Malting Building. Time is 4:30-7:30pm.
- Others?
 - 1st Wednesday of every month at City Hall in room 303, The Commission on Disabilities meets at 3pm.

3. Arrowhead Data

- a. Contract proposal update (15 minutes)
 - i. Hand out provided. We don't have the grant contract itself because it's not fully finalized but wanted to bring the deliverables proposed to discuss.
 - ii. Discussed different deliverables in the proposal. See handout for more information
 - iii. Regarding Person-Centered Planning trainings- there were concerns with learning, being a practitioner, and then offering trainings. It's extensive. Timeline is a little too restrictive. Seek out the right people to teach PCP. ARQC could go in the direction of informing people what PCP is, what a good plan looks like, and how to get one done.
- b. ICI data review and questions (30 minutes)
 - i. Data was reviewed and analyzed mid-November 2019
 - ii. Covers both qualitative and quantitative
 - iii. We are one of the only interviews that met with people individually. All the data we were collecting echoed information being pulled from larger sources.
 - iv. See handout for specifics in data. Report can be emailed out.
 - v. We want the data on our website
 - vi. Only questions that were changed was Planning to Case Management and Hopes/Goals/Dreams was removed as transportation replaced that.
 - vii. Some of the report labeled old questions as "new" due to prompting questions being updated, and the order of questions being re-arranged.

4. Work Groups/QI Projects (30 minutes)

- a. Work Groups:
 - i. Focus Group scripts (guardianship alternatives and person-centered planning)
 - ii. Quality reviewer engagement ideas- Tabled

5. Council Projects (30 minutes)- Tabled

- a. Organizational Needs Assessment
- b. Consultation Entity
- c. Disability Awareness Training
- d. Resource Booklet for clinics – Region 10
- e. Informational Interviews - Metro

6. Proposed Marketing Materials – Tabled

7. Emily- Local SAM Conference Update

- a. Saturday, May 16th
- b. Location and Time is still TBD
- c. ARQC is doing a human rights panel discussion- Michael Manning signed up to be on the panel as a self-advocate and council member.

8. Next Meeting- Tuesday, March 24th from 1-3.

- a. Future meetings: 4th Thursday of every month. Location TBD
 - i. Thursday, April 23rd 1-3
 - ii. Thursday, May 28th 1-3
 - iii. Thursday, June 25th 1-3

- **Attendance**

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