

Meeting Minutes

Meeting Date: Thursday, June 23, 2022

Meeting Location: Virtual (Zoom) 9:00 am to 10:00 am

Agenda & ARQC Meeting Minutes:

Greetings and Introductions

- All council members introduced themselves and answered the question-What is your favorite way to keep cool on a hot summer day and/or what is your favorite warm weather activity? Most of the group stated they like to be around water/doing water activities to stay cool, and most stated they like a refreshing drink also. One person stated they like being indoors, in the air conditioning to stay cool.
- Welcomed Shawn Stanich the newest member of the ARQC. Shawn gave us some background information and why he wanted to join the ARQC. Thank you, Shawn!

Bite Size Learning

- We watched a short video clip on ableism @ <https://vimeo.com/492480733>. We had a group discussion about the video and several self-advocates could relate, then shared their stories. We all agreed this was an interesting topic. We discussed the importance of those with disabilities being involved in all areas of life=work, community, school, clubs, social events, sports, and so on. We also discussed the importance of being included and how that can affect quality of life.

Work Plan Objective: Adapting Person-Centered Principles and Practices

- Prior to the meeting, Becky sent out an email to review, which listed ARQC work plan goal 3.4, an abridged person-centered training with groups and individuals. She also sent ARQC work plan goal 4.2, a hybrid person-centered principles training. Becky stated she wanted the group to focus on these two areas; she is looking for ideas/thoughts on how to implement, interest in a work group on this topic, and resources of agencies and individuals who could assist in this process. Council members shared that what we are planning to do is a big job-there is a lot of information to condense and key concepts that must be included. Council members shared the two ideologies around person-centered thinking; one being not to change or condense anything about the training and the importance of the copywrite terminology (Learning Community), and the other being the importance of this information and its concepts then getting this information out to those who need it in as many accessible ways as possible (ie: Inclusion Press). Several of the council members suggested researching John O'Brien and his ideology of PCT.
- - Questions raised that will be addressed as we move forward with this project:
 - 1) numbers of people who completed the training in MN?
 - 2) And,who are they? (demographics)?
 - 3) What is the number of plans that have been written subsequent to training?
 - 4) Is there follow up data (someone has a plan for their 10-year old who is now 18)?

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- Do plans and trainings make a difference? It's not enough to develop curriculum and train trainers. If I am a parent or person with a disability, I want to know how quality of life will improve if we go through process.

Work Group Updates

- Becky discussed ideas for work groups and explained how those would work and the time commitment involved.
- Becky explained we currently have a Data Action work group, made up of council members, who are meeting and reviewing critical incidents that were reported to the State of MN. We would like to start up a Person-Centered Principles and Practices Implementation work group and will send out an email with more information and requesting your future participation. We also discussed starting up a work group for those with disabilities and their family members who would be focusing on reviewing the plain language documents we develop.
- Please look for future emails regarding these work groups so you can get involved and make a difference.

Meeting Format and Time

- Becky asked the group to give feedback on the current ARQC meeting time of the 4th Thursday in the month from 9 to 10 am. She also asked what people's thoughts were on an in-person meeting. Most council members were able to meet at this time and seemed to like the day and time. Some self-advocates were interested in in-person meetings but overall, there did not seem to be a lot of interest in the in-person meeting. I do not know if we decided one way or another.
- Becky explained to the council that with monthly meetings getting more involved we may need to meet for longer than one hour and asked council members their thoughts on this. All council members seemed willing to meet for longer than one hour, if needed, to accomplish something we are working on. Council members appeared to like starting the meeting earlier if we needed more time.

Other/Closing

- Becky and Beth thanked everyone for attending, and the amazing feedback that was given.
- Our Next Meeting is **July 28, 2022 at 9:00 am virtual**

Attendance

Name	Member Representation		Present Y/N
Becky Lambert	Arc Northland	ARQC Staff	Y
Beth Johnson	Arc Northland	ARQC Staff	Y
Ruth Rowenhorst	Carlton County	Lead Agency	N
Amy Patenaude	St. Louis County	Lead Agency	N
Olivia Bonander	Cook County	Lead Agency	Y
Sara Beauchene	DHS	Lead Agency	N
Michelle McDonald	Lake County DAC	Lead Agency	Y
Beth Swanson	Lake County	Lead Agency	N
Kate Wallin		Self-Advocate	Y
Tara Wilson		Self-Advocate	Y
Heath Maki		Self-Advocate	N
Becky Jakubek		Self-Advocate	N
Amanda Crosby	Arc Northland	Advocate	Y
Mary Martin	Family Member	Advocate	Y
Kristie Buchman	Choice Unlimited	Service Provider	Y
Nicole Lind	RSI	Service Provider	Y
Ann Dahl	Udac	Service Provider	Y
Josh Howie	Trillium Services	Service Provider	Y
Others Present:			
Terry McCabe	St. Louis County (for Amy Patenaude)		Y

